

Secrets to Gutsy and Effortless Dancing



Contact Improvisation and
Body-Mind Centering with
Saliq Francis Savage

Thursdays
Feb 2-March 9
7 - 9 pm

\$72
drop-ins \$15

Upstairs Studio
Fitzwillies
25 Main St
Northampton

contact:
saliq@wiremonkeydance.com
413-330-1172

- Develop an unimpeded connection from navel center to periphery
- Master your fingertips as a tool for the dance
- Discover the power in physiological extension and comfort in physiological flexion
- Learn patience, presence and expression from the organs
- Remain true to your orientation and pathway without pushing or nagging
- Cultivate ferocious and exquisite technique in your dance

Saliq Francis Savage has been teaching and performing new dance technique for 20 years. He has performed throughout the United States, Argentina, Brazil, Switzerland, Germany, Macao and Taiwan. He is faculty at the School for Body-Mind Centering®, guest teacher at Moving on Center and teaches contact improvisation internationally. He maintains a private practice in bodywork and movement therapy, working with infants, children and adults. Saliq is the Artistic Director of Wire Monkey Dance and is the proud father of a new baby girl, Edalena Rose, 6 lbs 1 oz.