

# Secrets to Gutsy and Effortless Dancing

Contact  
Improvisation  
and  
Body-Mind  
Centering  
with  
Saliq  
Francis Savage



Thursdays, May 25-June 29, 7-9 pm

\$72, drop-ins \$15

Upstairs Studio, Fitzwillies

25 Main St Northampton

All levels welcome

saliq: 413-330-1172

saliq@wiremonkeydance.com

- Fly with ease and land with grace
- Expand your dance beyond what you thought was possible
- Reorient your body in space
- Engage your power core and sensitive distal body
- Remain true to your pathway without pushing or nagging
- Cultivate ferocious and exquisite technique in your dance

Saliq Francis Savage has been teaching and performing new dance technique for 20 years. He has performed throughout the United States, Argentina, Brazil, Switzerland, Germany, Macao and Taiwan. He is faculty at the School for Body-Mind Centering®, guest teacher at Moving on Center and teaches contact improvisation internationally. He maintains a private practice in bodywork and movement therapy, working with infants, children and adults. Saliq is the Artistic Director of Wire Monkey Dance, see them at Lincoln Center Outdoors in New York City this August 12, at 6:30 p.m.