

AN EXPERIENTIAL ANATOMY WORKSHOP

In this workshop we will explore the anatomical structures that make up the male and female pelvis. Through somatic exercises utilizing touch, meditation, movement and breath we will learn the anatomy of the pelvis and its relationship to the whole body in order to move and touch with increased ease, awareness and skill

You can register for this workshop for 1 day, 2 days, or 3. Priority registration will go to those who will attend all 3 days. Massage continuing education credits available.

For more information on the Somatic Arts Collective, visit our website at: maticartscollective.com

date: 5/2/14 - 5/4/14

location: Asheville School of Massage and Yoga, 70 Haywood Rd, **Asheville NC**

time:

please pre-register: 9:00 - 5:00 | ashevillemassageschool.org 828.252.7377 FRI - SUN

price:

\$375 for 3 days \$140 for 1 day