

SREA Goes Through The Roof! UP 106.6%

Score One Inc. (SREA)

\$0.301 UP 106.6%

Investors are all over SREA as frenzy buying pushes shares prices over 106% following recent news releases. Read up, watch for more news, and get on SREA first thing Friday!

But if there's one thing that's really, really come to annoy me, it's the pathetic range of vegetarian ready-made sandwiches. Don't get me wrong, they were all against animal cruelty and so forth, but I always felt it was easier for them to follow their morals; like they got a get-out-

of-jail-free card.

I love it on mashed potato and very nearly applied a liberal coating before my wife alerted me about the anchovies that go into it.

This is where I must make a confession: I was one of those people that challenge d vegetarians about their meat alternatives adopting the sofa covering premise. It doesn't matter how long it took to get to this point, you'll have done it and you'll be making a difference.

Cheese, egg, cress, egg, cheese, egg, cress.

They simply accepted my attitudes, I accepted theirs and there was much more to our relationships than whether or not we ate meat!

That's what it's like with vegetarian sandwiches.

To anyone who has heard this or similar mockeries of vegetarian meat alternatives, it's just not true!

Most days I take a packed lunch to work with me.

As usual, I half-watched whilst doing something else.

The only solution was to demolish it completely.

Sometimes, for whatever reason, it doesn't happen and I need to buy my lunch from the local convenience store.

Ever seen the Monty Python sketch where everything comes with spam?

Every single veggie I've ever known never really liked meat from a culinary point-of-view, so they just stopped eating it.

If you're thinking that I fell under the thumb and the rest is history; you're wrong.

Every single veggie I've ever known never really liked meat from a culinary point-of-view, so they just stopped eating it.

They simply accepted my attitudes, I accepted theirs and there was much more to our relationships than whether or not we ate meat!

And a bacon double cheeseburger from Burger King?

If you're a meat lover that would like to go veggie, I'd very much appreciate it if you could vote in the poll below.

You're wondering which wall, aren't you?

you'll notice that you didn't eat meat last week at all.

You know logically that animals are killed for food, but there's no need to ever worry about it.

Thankfully, you can get veggie equivalents that taste very similar.

I loved a steak, medium-done, with peppercorn sauce.

As for the rest, don't expect it to look, taste and feel exactly like their meat counterparts.

But if there's one thing that's really, really come to annoy me, it's the pathetic range of vegetarian ready-made sandwiches.

I was adamant that I could never become a vegetarian.

A living, bleating lamb.

To anyone who has heard this or similar mockeries of vegetarian meat alternatives, it's just not true!

It doesn't matter how long it took to get to this point, you'll have done it and you'll be making a difference.

But that didn't matter one jot.

Before you know it, you'll be off to McDonald's for a sly Quarterpounder and not telling your better half.

To anyone who has heard this or similar mockeries of vegetarian meat alternatives, it's just not true!

" And I could hear the crumbling.

'I wonder if I can do that again?

And Linda: I apologise.

Vegetarian bacon is more like spam in texture; vegetarian "beef" burgers don't feel like meat in your mouth.

For the best part of my gap year, my regular lunch was a bacon and sausage bap and I couldn't think of a better marriage of meat products.

You have to want it for yourself.

It would be a shame to eat it again now.

I'm going to sound really dumb now, but I'm sure there are others who have made the same stupid mistakes.

The best way for a Meataholic to become Vegetarian is to eat meat It was then I realised that there was a whole crowd of in-betweeners that I never knew existed !

Chris Wood was a meataholic and proud.

So what are the alternatives to meat?

' Almost by accident, you slipped into being a vegetarian and you'll get this half-smirk-half-smile whenever you think about it.

I was adamant that I could never become a vegetarian.

You never called yourself a vegetarian, and that kind of rubbish is not what you need to be hearing as it's more likely to make you jack the whole thing in than anything.

To anyone who has heard this or similar mockeries of vegetarian meat alternatives, it's just not true!

Keep some in the freezer just in case.

For me, it happened when a wall became unsteady and gradually fell apart.

Those that eat meat, but try to minimise it in their diet.

I was raised on Lancashire Hot Pot and it was my favourite meal for years.

Don't get me wrong, they were all against animal cruelty and so forth, but I always felt it was easier for them to follow their morals; like they got a get-out-of-jail-free card.

'I wonder if I can do that again?

You never called yourself a vegetarian, and that kind of rubbish is not what you need to be hearing as it's more likely to make you jack the whole thing in than anything.

If you've made the switch and this article has helped, then please vote on the veggie poll.

The best way for a Meataholic to become Vegetarian is to eat meat It was then I realised that there was a whole crowd of in-betweeners that I never knew existed !

I usually just end up buying the ingredients for a sandwich rather than a pre-made one.

I just didn't equate them to meat - they were crisps!

Maybe that person could be you?

You were making a difference the whole time you were reducing the amount of meat you ate too.

I was one of those people and had absolutely no reason to challenge my point-of-view.

The best way for a Meataholic to become Vegetarian is to eat meat It was then I realised that there was a whole crowd of in-betweeners that I never knew existed !

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Maybe that person could be you?

If you're doing it for a loved one, it doesn't count and will almost certainly end in failure.

You have to want it for yourself.

It went something like this: tofu was discovered accidentally by a scientist who was trying to make a new, cheap covering for sofas.

Most, especially those I count amongst my closest friends, were never the ranting maniacal type.

Watch out for meat flavoured things!

" And I could hear the crumbling.

And I was sure that vegetables were just an accompaniment to meat, akin to what sugar is to tea for example; it doesn't exactly make a refreshing drink on its own.

So here's what this article's about.

Ever seen the Monty Python sketch where everything comes with spam?

The easiest meat product to replace for me was mince meat.

Sometimes, for whatever reason, it doesn't happen and I need to buy my lunch from the local convenience store.

The second was Gordon Ramsey's show, in which he killed the turkeys he'd had living in his garden for the preceding weeks.

The animal was already dead when you walked into the store!

I was one of those people and had absolutely no reason to challenge my point-of-view.

I'm reassured that they're eating some good stuff up there in heaven.

' Almost by accident, you slipped into being a vegetarian and you'll get this half-smirk-half-smile whenever you think about it.

I started eating Quorn mince meat instead and I really couldn't taste the difference.

According to my grandmother, my grandfather would love to pass the time by browsing all the different cuts of meat in a butcher's window.

Every single veggie I've ever known never really liked meat from a culinary point-of-view, so they just stopped eating it.

A living, bleating lamb.

You're wondering which wall, aren't you?

Most, especially those I count amongst my closest friends, were never the ranting maniacal type.

The first was Jamie Oliver's Italy series.

It went something like this: tofu was discovered accidentally by a scientist who was trying to make a new, cheap covering for sofas.

' Almost by accident, you slipped into being a vegetarian and you'll get this half-smirk-half-smile whenever you think about it.

I'll place it on the 'net, and if even one person stumbles upon it over the course of time and it proves helpful, I'll have done my job.

It was just too much trouble to repair it, and I would have been anxious about it falling apart again.

Keep a spreading knife in your desk drawer.

But do spend some time trying all the great vegetarian recipes and foodstuffs that are about these days.

I'll place it on the 'net, and if even one person stumbles upon it over the course of time and it proves helpful, I'll have done my job.

Chris Wood was a meataholic and proud.

I think I left a mark after slapping my forehead a little too hard when it dawned on me.

If you're thinking that I fell under the thumb and the rest is history; you're wrong.

That wall represents a funny paradox.

As for the rest, don't expect it to look, taste and feel exactly like their meat counterparts.

Don't get me wrong, they were all against animal cruelty and so forth, but I always felt it was easier for them to follow their morals; like they got a get-out-of-jail-free card.

Then they'll go home and have a curry.

But I was talking crap.

Watch out for meat flavoured things!

" And I could hear the crumbling.

Yet, to my continuing shock, I'm now a vegetarian.

Keep a spreading knife in your desk drawer.

To anyone who has heard this or similar mockeries of vegetarian meat alternatives, it's just not true!

Some filling ideas to start you off with: cranberry, brie and red grape; cheddar and carrot chutney.

But if there's one thing that's really, really come to annoy me, it's the pathetic range of vegetarian ready-made sandwiches.

For the best part of my gap year, my regular lunch was a bacon and sausage bap and I couldn't think of a better marriage of meat products.

So you'll need a backup plan to cover the times when you just can't face death b

y dairy dullness.

Keep a spreading knife in your desk drawer.

For the best part of my gap year, my regular lunch was a bacon and sausage bap and I couldn't think of a better marriage of meat products.

You're wondering which wall, aren't you?

Maybe that person could be you?

For me, admitting to myself that I'd probably make a lousy vegetarian was a first step.

Maybe that person could be you?

I just didn't equate them to meat - they were crisps!

There they were, happily gobbling around, then ZAP.

Or if you're being particularly lazy, just spread some humus on bread.

Then I married a vegetarian.

If you're a meat lover that would like to go veggie, I'd very much appreciate it if you could vote in the poll below.

Don't get me wrong, they were all against animal cruelty and so forth, but I always felt it was easier for them to follow their morals; like they got a get-out-of-jail-free card.

Whilst reducing my meat intake, I recalled some of the vegetarians I've known over the years.

Thankfully, you can get veggie equivalents that taste very similar.

I think I left a mark after slapping my forehead a little too hard when it dawned on me.

I'll place it on the 'net, and if even one person stumbles upon it over the course of time and it proves helpful, I'll have done my job.

And I'm not some veggie who hasn't eaten meat for ten years but insists "ooh, it tastes just like the real thing" when it blatantly doesn't.

Cheese, egg, cress, egg, cheese, egg, cress.

It's the wall most meat eaters have, the one that separates what you see in the field with what you see on your plate.

I'd love to dip fries in the blood that oozed from a rare steak while travelling around France on a camping holiday.

You're wondering which wall, aren't you?

Some filling ideas to start you off with: cranberry, brie and red grape; cheddar and carrot chutney.

Chris Wood was a meataholic and proud.

And a bacon double cheeseburger from Burger King?

Luckily, those people aren't around me anymore.

There they were, happily gobbling around, then ZAP.

What would be wonderful is to see somebody vote in both polls over the long term!

For me, it happened when a wall became unsteady and gradually fell apart.

you'll notice that you didn't eat meat last week at all.

Chris Wood was a meataholic and proud.

You were making a difference the whole time you were reducing the amount of meat you ate too.

I was one of those people and had absolutely no reason to challenge my point-of-view.

It went something like this: tofu was discovered accidentally by a scientist who was trying to make a new, cheap covering for sofas.

You're wondering which wall, aren't you?

But that didn't matter one jot.

There they were, happily gobbling around, then ZAP.

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I was raised on Lancashire Hot Pot and it was my favourite meal for years.

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Ever seen the Monty Python sketch where everything comes with spam?

If you've made the switch and this article has helped, then please vote on the veggie poll.

Yet, to my continuing shock, I'm now a vegetarian.

It was just too much trouble to repair it, and I would have been anxious about it falling apart again.

Every single veggie I've ever known never really liked meat from a culinary point-of-view, so they just stopped eating it.

So here's what this article's about.

You're wondering which wall, aren't you?

So let the truth ring out!

Thankfully, you can get veggie equivalents that taste very similar.

But there were a few that were very much holier-than-thou about vegetarianism.

But I was talking crap.

A living, bleating lamb.

But that didn't matter one jot.

They simply accepted my attitudes, I accepted theirs and there was much more to our relationships than whether or not we ate meat!

Do it for the right reasons How you go veggie is one thing, but why you're doing it is another.

Couch covering and rubber I don't know how it came about, but when I was growing up there was a bit of an urban legend in our school.

I think I left a mark after slapping my forehead a little too hard when it dawned on me.

" And I could hear the crumbling.

Before you know it, you'll be off to McDonald's for a sly Quarterpounder and not telling your better half.

The easiest meat product to replace for me was mince meat.

After all, you're only responsible for the purchase, right?

If you suffer any kind of mocking or taunting from them about not being a "proper vegetarian" or if you do eat meat whilst reducing, tell them very firmly to go and hug a tree or something.

The easiest meat product to replace for me was mince meat.

I was raised on Lancashire Hot Pot and it was my favourite meal for years.

Those that eat meat, but try to minimise it in their diet.

The animal was already dead when you walked into the store!

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Some filling ideas to start you off with: cranberry, brie and red grape; cheddar and carrot chutney.

If you suffer any kind of mocking or taunting from them about not being a "proper vegetarian" or if you do eat meat whilst reducing, tell them very firmly to go and hug a tree or something.

If you're thinking that I fell under the thumb and the rest is history; you're wrong.

For me, it happened when a wall became unsteady and gradually fell apart.

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So what are the alternatives to meat?

Do it for the right reasons How you go veggie is one thing, but why you're doing it is another.

Before you know it, you'll be off to McDonald's for a sly Quarterpounder and not telling your better half.

You never called yourself a vegetarian, and that kind of rubbish is not what you need to be hearing as it's more likely to make you jack the whole thing in than anything.

Vegetarian bacon is more like spam in texture; vegetarian "beef" burgers don't feel like meat in your mouth.

As usual, I half-watched whilst doing something else.

Most, especially those I count amongst my closest friends, were never the ranting maniacal type.

Luckily, those people aren't around me anymore.

I'd love to dip fries in the blood that oozed from a rare steak while travelling around France on a camping holiday.

There were a lot of complaints following the broadcast of those two shows, but I wasn't among the offended.

Most, especially those I count amongst my closest friends, were never the ranting maniacal type.

It's the wall most meat eaters have, the one that separates what you see in the field with what you see on your plate.

So let the truth ring out!

To anyone who has heard this or similar mockeries of vegetarian meat alternatives, it's just not true!

That's what it's like with vegetarian sandwiches.

Before you know it, you'll be off to McDonald's for a sly Quarterpounder and not telling your better half.

Yes, they include cheese, but they're a bit less boring and it's not like cheese is the headlining flavour sensation.

This is where I must make a confession: I was one of those people that challenged vegetarians about their meat alternatives adopting the sofa covering premise.

Vegetarian bacon is more like spam in texture; vegetarian "beef" burgers don't feel like meat in your mouth.

Yet, to my continuing shock, I'm now a vegetarian.

Chris Wood was a meataholic and proud.

Or if you're being particularly lazy, just spread some humus on bread.

It went something like this: tofu was discovered accidentally by a scientist who was trying to make a new, cheap covering for sofas.

And the colloquial name for Linda McCartney meals?

I just didn't equate them to meat - they were crisps!

For me, admitting to myself that I'd probably make a lousy vegetarian was a first step.

The easiest meat product to replace for me was mince meat.

The animal was already dead when you walked into the store!

Most days I take a packed lunch to work with me.

And I'm not some veggie who hasn't eaten meat for ten years but insists "ooh, it tastes just like the real thing" when it blatantly doesn't.

If you suffer any kind of mocking or taunting from them about not being a "proper vegetarian" or if you do eat meat whilst reducing, tell them very firmly to go and hug a tree or something.

If you're a meat lover that would like to go veggie, I'd very much appreciate it if you could vote in the poll below.

For me, it happened when a wall became unsteady and gradually fell apart.

It's different for everyone, I can imagine, but here's how it happened for me.

For the best part of my gap year, my regular lunch was a bacon and sausage bap and I couldn't think of a better marriage of meat products.

But that didn't matter one jot.

Keep some in the freezer just in case.

Yet, to my continuing shock, I'm now a vegetarian.

There they were, happily gobbling around, then ZAP.

What would be wonderful is to see somebody vote in both polls over the long term!

The easiest meat product to replace for me was mince meat.